

# THIS WEEK'S Eats.

WEEK 1 MENU

FOOD UNION

AVAILABLE Daily

COUNTER One

COUNTER Two

|      | COUNTER One                                                                                                                                        | COUNTER Two                                                                           | Jackets                                                              | Pizza and Pasta                                                            | Hot Snacks                                                                 | Paninis, Subs, Toasties and Baguettes                                                        | Sandwiches                                      | Salad                                                                      |
|------|----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|----------------------------------------------------------------------|----------------------------------------------------------------------------|----------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-------------------------------------------------|----------------------------------------------------------------------------|
| MON  | <p><b>Sweet and Sour Chicken</b> with Wholegrain Rice and Sweet Chilli Broccoli</p> <p><b>Vegan Chow Mein</b> with Sweet Chilli Broccoli</p>       | <p><b>Beef Lasagne</b> with Garlic and Herb Bread and Peas</p>                        | <p>Baked beans</p> <p>Cheese</p> <p>Tuna Mayo</p> <p>Salmon Mayo</p> | <p>Pasta with a selection of Pasta King Sauces</p> <p>Margherita Pizza</p> | <p>Steak Pasty</p> <p>Cheese and Onion Pasty</p> <p>Vegan Sausage Roll</p> | <p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p> | <p>Your favourite sarnie fillings everyday!</p> | <p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p> |
| TUE  | <p><b>Beef Burger</b> or <b>Feta and Beetroot Burger</b> With Baked Garlic and Herb Potato Wedges, Coleslaw and Sweetcorn</p>                      | <p><b>Spicy Chicken Pitta</b> with Chilli Sauce, Tomato Rice and Crunchy Raw Slaw</p> | <p>Baked beans</p> <p>Cheese</p> <p>Tuna Mayo</p>                    | <p>Pasta with a selection of Pasta King Sauces</p> <p>Margherita Pizza</p> |                                                                            | <p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p> | <p>Your favourite sarnie fillings everyday!</p> | <p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p> |
| WED  | <p><b>Roast Turkey</b> or <b>Vegetable Pastry Slice</b> with Roast Potatoes, Carrots, Cabbage and Gravy</p> <p><b>Roast Turkey Yorkie Wrap</b></p> | <p><b>Chipotle Chicken Burrito</b> with Sweetcorn</p>                                 | <p>Baked beans</p> <p>Cheese</p> <p>Tuna Mayo</p>                    | <p>Pasta with a selection of Pasta King Sauces</p> <p>Margherita Pizza</p> | <p>Steak Pasty</p> <p>Cheese and Onion Pasty</p> <p>Vegan Sausage Roll</p> | <p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p> | <p>Your favourite sarnie fillings everyday!</p> | <p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p> |
| THUR | <p><b>Chicken Tikka Masala</b> or <b>Yellow Vegetable Curry</b> with Wholegrain Rice and Sweetcorn</p>                                             | <p><b>Sweet Chilli Chicken Noodles</b> with Stir Fried Veg</p>                        | <p>Baked beans</p> <p>Cheese</p> <p>Tuna Mayo</p>                    | <p>Pasta with a selection of Pasta King Sauces</p> <p>Margherita Pizza</p> |                                                                            | <p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p> | <p>Your favourite sarnie fillings everyday!</p> | <p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p> |
| FRI  | <p><b>Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans</b> Or <b>Dirty Fries with Coleslaw</b></p>                         | <p><b>BBQ Chicken Mac N Cheese</b> with Broccoli</p>                                  | <p>Baked beans</p> <p>Cheese</p> <p>Tuna Mayo</p>                    | <p>Pasta with a selection of Pasta King Sauces</p> <p>Margherita Pizza</p> |                                                                            | <p>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.</p> | <p>Your favourite sarnie fillings everyday!</p> | <p>Chicken and Bacon Pasta Salad</p> <p>Tuna and Sweetcorn Pasta Salad</p> |

# THIS WEEK'S Eats.

WEEK 2  
MENU

FOOD UNION

AVAILABLE  
*Daily*

COUNTER  
*One*

COUNTER  
*Two*

Jackets

Pizza and Pasta

Hot Snacks

Paninis, Subs, Toasties  
and Baguettes

Sandwiches

Salad

MON

**Topped Mac N Cheese**  
(BBQ Chicken, Cajun Pulled Pork or Crispy Cauliflower) with Sweetcorn

**Chipotle Chicken Soft Taco**  
with Mexican Yellow Rice and Sweetcorn

**Baked beans**  
**Cheese**  
**Tuna Mayo**

**Pasta with a selection of Pasta**  
**King Sauces**  
**Margherita Pizza**

Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.

Your favourite sarnie fillings everyday!

**Chicken and Bacon Pasta Salad**  
**Tuna and Sweetcorn Pasta Salad**

TUE

**Beef Lasagne or Vegetable Lasagne**  
served with Garlic & Herb Bread & Broccoli & Peas

**Sweet Chilli Chicken Noodles**  
with Stir Fried Veg

**Baked beans**  
**Cheese**  
**Tuna Mayo**

**Pasta with a selection of Pasta**  
**King Sauces**  
**Margherita Pizza**

Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.

Your favourite sarnie fillings everyday!

**Chicken and Bacon Pasta Salad**  
**Tuna and Sweetcorn Pasta Salad**

WED

**Roast Pork with Stuffing & Apple or Sweet Potato & Chickpea Roast**  
with Roast Potatoes, Carrots, Cabbage and Gravy  
**Roast Pork Yorkie Wrap**

**Beef Burger**  
with Garlic and Herb Potato Wedges and Coleslaw

**Baked beans**  
**Cheese**  
**Tuna Mayo**

**Pasta with a selection of Pasta**  
**King Sauces**  
**Margherita Pizza**

**Steak Pasty**  
**Cheese and Onion Pasty**  
**Vegan Sausage Roll**

Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.

Your favourite sarnie fillings everyday!

**Chicken and Bacon Pasta Salad**  
**Tuna and Sweetcorn Pasta Salad**

THUR

**Cajun Chicken Sandwich or Chicken Pitta** with a choice of Sauces  
**Blackeye Bean Veggie Burger**  
with Fajita Wedges, Corn Slaw & Sweetcorn

**Chicken Korma**  
with Wholegrain Rice and Cucumber Raita

**Baked beans**  
**Cheese**  
**Tuna Mayo**

**Pasta with a selection of Pasta**  
**King Sauces**  
**Margherita Pizza**

Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.

Your favourite sarnie fillings everyday!

**Chicken and Bacon Pasta Salad**  
**Tuna and Sweetcorn Pasta Salad**

FRI

**Battered Fish**  
**Breaded Chicken Strips**  
**Vegan Sausage Roll**  
with Chips, Baked Beans and Peas

**Chicken Burrito**  
with Broccoli

**Baked beans**  
**Cheese**  
**Tuna Mayo**

**Pasta with a selection of Pasta**  
**King Sauces**  
**Margherita Pizza**

**Steak Pasty**  
**Cheese and Onion Pasty**  
**Vegan Sausage Roll**

Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.

Your favourite sarnie fillings everyday!

**Chicken and Bacon Pasta Salad**  
**Tuna and Sweetcorn Pasta Salad**

# THIS WEEK'S Eats.

WEEK 3  
MENU

FOOD UNION

AVAILABLE  
*Daily*

COUNTER  
*One*

COUNTER  
*Two*

|             | COUNTER<br><i>One</i>                                                                                                                     | COUNTER<br><i>Two</i>                                                                            | Jackets                                                 | Pizza and Pasta                                                                         | Hot Snacks                                                                       | Paninis, Subs, Toasties and Baguettes                                                 | Sandwiches                               | Salad                                                                             |
|-------------|-------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|---------------------------------------------------------|-----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|------------------------------------------|-----------------------------------------------------------------------------------|
| <b>MON</b>  | <b>Pulled Beef Burrito</b> or <b>Veggie Burrito</b> with Sweetcorn                                                                        | <b>Topped Mac N Cheese</b> (BBQ Chicken, Cajun Pulled Pork or Crispy Cauliflower) with Sweetcorn | <b>Baked beans</b><br><b>Cheese</b><br><b>Tuna Mayo</b> | <b>Pasta with a selection of Pasta</b><br><b>King Sauces</b><br><b>Margherita Pizza</b> |                                                                                  | Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from. | Your favourite sarnie fillings everyday! | <b>Chicken and Bacon Pasta Salad</b><br><br><b>Tuna and Sweetcorn Pasta Salad</b> |
| <b>TUE</b>  | <b>Cajun Chicken Sandwich or Chicken Pitta</b> with a choice of Sauces Or <b>Incredible Burger</b> with Chipotle Wedges, Corn Slaw & Peas | <b>Chicken Chow Mein</b> with Stir Fried Veg                                                     | <b>Baked beans</b><br><b>Cheese</b><br><b>Tuna Mayo</b> | <b>Pasta with a selection of Pasta</b><br><b>King Sauces</b><br><b>Margherita Pizza</b> | <b>Steak Pasty</b><br><b>Cheese and Onion Pasty</b><br><b>Vegan Sausage Roll</b> | Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from. | Your favourite sarnie fillings everyday! | <b>Chicken and Bacon Pasta Salad</b><br><br><b>Tuna and Sweetcorn Pasta Salad</b> |
| <b>WED</b>  | <b>Roast Glazed Ham or Cheesy Veg Pie</b> with Roast Potatoes, Carrots, Cabbage and Gravy<br><br><b>Roast Gammon Yorkie Wrap</b>          | <b>New York Quorn Dog</b> with Paprika Wedges and Apple Slaw                                     | <b>Baked beans</b><br><b>Cheese</b><br><b>Tuna Mayo</b> | <b>Pasta with a selection of Pasta</b><br><b>King Sauces</b><br><b>Margherita Pizza</b> |                                                                                  | Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from. | Your favourite sarnie fillings everyday! | <b>Chicken and Bacon Pasta Salad</b><br><br><b>Tuna and Sweetcorn Pasta Salad</b> |
| <b>THUR</b> | <b>Thai Red Chicken Curry or Vegan Thai Green Vegetable Curry and Wholegrain Rice</b> with Lime Spiced Sweetcorn                          | <b>Beef Lasagne</b> with Garlic & Herb Bread and Broccoli                                        | <b>Baked beans</b><br><b>Cheese</b><br><b>Tuna Mayo</b> | <b>Pasta with a selection of Pasta</b><br><b>King Sauces</b><br><b>Margherita Pizza</b> | <b>Steak Pasty</b><br><b>Cheese and Onion Pasty</b><br><b>Vegan Sausage Roll</b> | Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from. | Your favourite sarnie fillings everyday! | <b>Chicken and Bacon Pasta Salad</b><br><br><b>Tuna and Sweetcorn Pasta Salad</b> |
| <b>FRI</b>  | <b>Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans</b> Or <b>Dirty Fries with Coleslaw</b>                       | <b>Mexican Chicken Quesadilla</b> with Lime and Coriander Rice and Corn Slaw                     | <b>Baked beans</b><br><b>Cheese</b><br><b>Tuna Mayo</b> | <b>Pasta with a selection of Pasta</b><br><b>King Sauces</b><br><b>Margherita Pizza</b> |                                                                                  | Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from. | Your favourite sarnie fillings everyday! | <b>Chicken and Bacon Pasta Salad</b><br><br><b>Tuna and Sweetcorn Pasta Salad</b> |