

There were over 25,700 Childline counselling sessions with children about cyber bullying last year.



This makes it the top reason for 15-18 year olds to contact Childline



# Cyberbullying - What to do

- Don't respond
- Keep the evidence
- Report it – to an adult and to the service provider



Before you...



**THINK!**

**T** - Is it true?

**H** - Is it hurtful?

**I** - Is it illegal?

**N** - Is it necessary?

**K** - Is it kind?

# Before you share....think

- **Have I got permission?**
- If you've taken a picture or video of your friends or family have you got their permission to post it online? Could it upset or embarrass them? If you were them, would you want it shared? If you think the answer might be no, then go and ask them or don't post it at all



# Before you share...think

- **Would I put it on a noticeboard?**
- Would you be happy for the picture to be put on a noticeboard so anyone – including your granny, dad or your teacher – could see it? If the answer's no, then don't post it.



# Before you share...think

- **Who am I sharing with?**
- Are you sending it to a friend, someone you met online or posting it for everyone to see?
- Anyone could copy, edit or share your picture with anyone else.



# Before you share...think

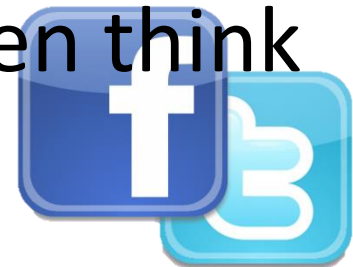
- **Is it legal?**
- Taking and sharing sexual pictures or videos of people under 18 is illegal, even if you're taking them of yourself. The law is there to protect you from adults who make these pictures but sharing them of yourself or your friends can be really unsafe. You also shouldn't share naked or 'sexy' pictures of other young people - this is also illegal





# Before you share...think

- **What do I look like?**
- Photos and videos are a great way of sharing what you're up to with your friends but, remember, anything you post online could be there forever.
- If you're not sure they paint a positive picture of you (or your friends!) then think twice before posting.



# Sue You Later...

- You are criminally responsible at age 10
- You or your parents can be sued for defamation, harassment or even assault for what you write on the Internet



# Sexting – now called...

- Youth Produced Sexual Imagery
- Done by and aimed at Under 18s
- sharing pictures and videos that you or another young person has created
- photos and videos
- illegal



# Digital Footprint



# Employers

- Many employers do regular searches of potential employees
- Some might look for evidence of inappropriate language, bullying behaviour, photos & harassment of others.
- Schools, colleges and universities do it too



[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

